

Buxton CC / Sett Valley Cycles on behalf of
Manchester District

Present:

MERLIN
CYCLES • COM

**CLASSIC
TT SERIES**

Friday 7th April 2023

ROUND
2 of 6

START SHEET



Cycling
Time
Trials

Promoted for and behalf of Cycling Time Trials
under its Rules, Regulations and Conditions



A CYCLING TIME TRIALS REPRESENTATIVE WILL BE IN ATTENDANCE

2023 CLASSIC TT SERIES DATES

Date	Promoting Club	District	CTT Rep
Sunday 26th March	...a3crg	South	Roger Wakeling
Friday 7th April	Buxton CC	Manchester	Sue Bowler
Sunday 23rd April	Beacon RCC	Midland	David Barry
Sunday 7th May	Edinburgh Road Club	Scotland	Dawn Sherrin
Sunday 28th May	Border City Wheelers CC	North	Rob Bailey
Sunday 11th June	Mid Devon CC	South West	Peter Rogers

MERLIN CYCLES CLASSIC SERIES OVERALL AWARDS

To be presented at Champions Night (1st overall only)

1st Men's Category	£100 Cycling Time Trials Cheque	RTTC Medal
1st Women's Category	£100 Cycling Time Trials Cheque	RTTC Medal
1st Junior Category	£80 Cycling Time Trials Cheque	RTTC Medal
1st Veteran (Scratch)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Veteran (Target)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Woman Veteran (Scratch)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Paracycling Category	£80 Cycling Time Trials Cheque	RTTC Medal
1st Team (of 3 across all Categories)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Road Bike (Men)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Road Bike (Women)	£80 Cycling Time Trials Cheque	RTTC Medal
1st Road Bike (Junior)	£80 Cycling Time Trials Cheque	RTTC Medal

2nd & 3rd overall in each Category (apart from team) will receive a RTTC Medal.

POINTS

Points will be awarded on the basis of 60 points (in each category) for the winner down to 1 for sixtieth place in each event. The winners will be the riders with the highest aggregate total of points from up to four events.

If more than one rider achieves the same number of points, then their 5th highest placing will be used to determine the winner. The Veteran categories are open to both Men and Women. Women Veterans will receive an additional 8 years on Target Time. The Veterans competitions will be run over the same distance as the Women's competition. The competition for Paracyclist's is based on a "Factored Time" system.

See Page 224 of the 2023 Handbook for the competition conditions.



Buxton Cycling Club / Sett Valley Cycles
Mountain Time Trial

<https://buxtoncyclingclub.co.uk/mountain-time-trial/>

Good Friday 7th April 2023



<https://www.merlincycles.com/>

CLASSIC
TT SERIES
Round 2 of 6

Promoted for and on behalf of Cycling Time Trials
under their rules and regulations.

<https://www.cyclingtimetrials.org.uk/>



Start time: First rider off at 10:01

HQ: St Bartholomew's primary school, Buxton Rd, Longnor, Staffordshire, SK17 0NZ
Open from 09-00 for sign-on and collection of race numbers. There are toilet facilities.

No competitor or spectator parking at the HQ. See overleaf for parking.

Organiser: Chris Lea, 12 Sheraton Way, Buxton, SK17 6FA, 01298 25642 / 07731 653019,
chris.lea@buxtoncyclingclub.co.uk

Timekeepers: Judith Soden (Start) and Tony Millington (Finish).

Course J8/3: 3 laps (33 miles) or 2 laps (22 miles). Men under 40 and male espoirs must ride 3 laps. All other categories of riders do 2 laps.

Start: In Longnor by the vehicle entrance to the village school.

Finish: Is located midway between Gauledge Lane and Carder Green, Longnor.

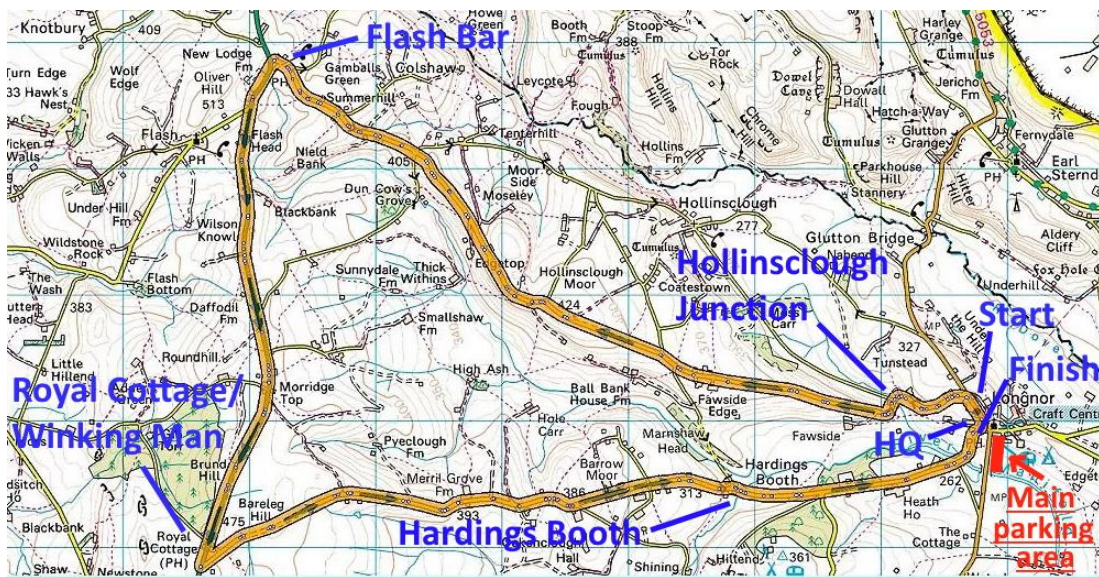
Numbers and Signing-on/off: Signing on/off will be at the HQ. **Remember to sign out, as failure to do so will result in a DNF (Did Not Finish) classification.**

Results: Available at the HQ and later on-line.

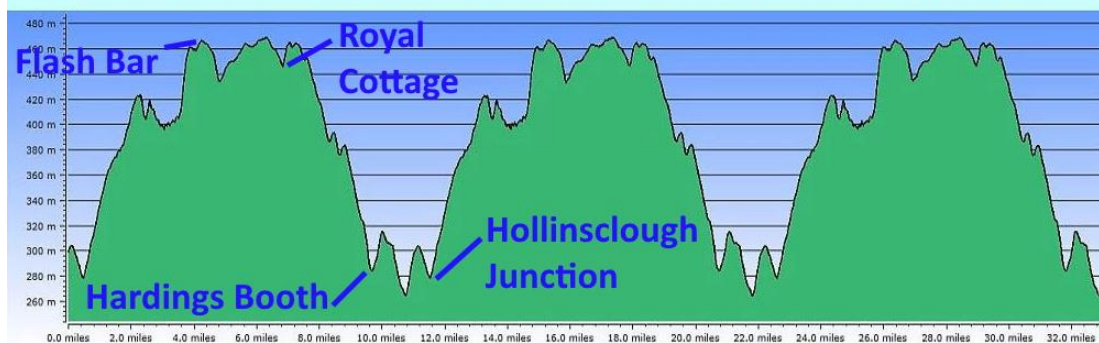
Refreshments: Tea, coffee, etc. and mountains of cake at the HQ. **Please bring a little cash for donations!**

Course description:

1. Start in Longnor by the vehicle entrance to the village school.
2. Proceed on the B5053, Buxton Road, towards Glutton Bridge. Take first left turn upon leaving Longnor (before the top of the hill).
3. Keep on unclassified road to A53 at Flash Bar (4.1 miles).
4. Turn left onto the A53 towards Leek. Proceed as far as Royal Cottage & Winking Man (6.8 miles).
5. Turn sharp left after Royal Cottage but before the Winking Man. Proceed on unclassified road to Longnor (11.0 miles)
6. Turn left into Carder Green and left again onto Buxton Road B5053. Pass through the start and complete a further 1 or 2 laps.
7. The finish is in Longnor, located midway between Gauledge Lane and Carder Green.



As you pass the Start for your second or third lap, please avoid riders who are just setting off



WARNING: Hardings Booth. There is a blind right-hand bend at the bottom of the main descent, at Hardings Booth. This will be marshalled and there will be warning flags in place. Under no circumstances must you cut this corner. Riders have been DQ'd in the past for making such a manoeuvre. Also, take especial care on the descent to Hollinsclough Junction.

Please remember this is a mountain time trial, so bring some low gears, good brakes, and take care on all descents. The maximum gradient uphill is 1:7 and similar downhill.

Warm-up: Please do not warm-up on the course. There are roads to the south and east of Longnor that are suitable for warming-up. Do not warm up outside properties in Longnor village using static rollers or turbo trainers.

Parking: There is NO competitor or spectator parking at the HQ.

- Please park on the east side of the B5053 south of Longnor, below the Crewe & Harpur Arms car park and keeping well to the left – using the grass verge. See course map on previous page.
- If you have to park in Longnor village, please be respectful of residents.
- Do not park on the course, especially the section through Carder Green near the finish.
- We have received complaints concerning people associated with the event peering through windows of Longnor residents. Please could you respect local residents' privacy.
- Sorry for all the instructions, but there have been a number of incidents in recent years that nearly resulted in us losing this event and your assistance in respecting the privacy of Longnor residents and being respectful when parking is very much appreciated.
- There will be a roving marshal to check on the above.

Road bike criteria:

- Road bikes can possess drop or straight handlebars; no tri-bars, clip-on bars or Spinacci bars are allowed; no disc wheels; both front & rear wheels must have at least 12 spokes each; the maximum rim depth allowed is 90mm.

Regulations:

- PLEASE REMEMBER: CTT regulations 14(j), 14 (k) and 15
- 14(j). No competitor shall be permitted to start either a Type A or Type B event unless such competitor has **affixed to the rear of their machine a working rear red light**, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.
- 14 (k). No competitor shall be permitted to start either a Type A or Type B event unless such competitor has **affixed to the front of their machine a working front white light**, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.
15. All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.
- Riders must exercise caution at all junctions. Any competitor who crosses to the wrong side of the road when approaching or leaving a junction will be liable to disqualification from the event and may be reported to the District Committee for further disciplinary action.
 - No "U" turns in the vicinity of the start and finish. Observers will be watching.
 - Pace must not be given or received. The onus is on caught riders to adhere to this rule
 - Head up at all times.

COVID 19 guidance:

- If you feel at all unwell or are showing signs of COVID 19 **DO NOT** come to this event, especially if family members have any symptoms of COVID.
- An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, and you should DNS and leave immediately and not go to the start line.
- Any person where the above is relevant should obtain a lateral flow test.
- Any Positive Tests – **DO NOT** attend the event.
- Thank you for your co-operation. Have a safe ride.

Prize Presentation:

Prizes will be presented 20 minutes after the last rider has finished.

Prizes:

The prizes below are in addition to those provided by CTT.

Events open to time trial bikes

<u>Women</u>		<u>Senior men/male espoirs</u>		<u>Veterans (actual)</u>	
1 st	£40	1 st	£40	1 st	£40
2 nd	£30	2 nd	£30	2 nd	£30
3 rd	£20	3 rd	£20	3 rd	£20

<u>Paracyclists (factor)</u>		<u>Junior/Juvenile (male)</u>		<u>Junior/Juvenile (female)</u>	
1 st	£40	1 st	£40	1 st	£40
2 nd	£30				
3 rd	£20				

Road bike only event

<u>Women</u>		<u>Senior men/male espoirs</u>		<u>Veterans (actual)</u>	
1 st	£40	1 st	£40	1 st	£40
2 nd	£30	2 nd	£30	2 nd	£30
3 rd	£20	3 rd	£20	3 rd	£20

<u>Juniors/Juveniles (male)</u>		<u>Junior/Juvenile (female)</u>	
1 st	£40	1 st	£40
2 nd	£30		
3 rd	£20		

Tandem

£40

One rider one cash prize.

The Buxton CC Mountain Time Trial has again been sponsored by Hotel Milano Helvetia, Riccione in Italy (www.hotelmilano.net), one of the area's famous "Bike Hotels". The hotel is providing **prizes of 2 five day stays at the hotel on their "Plus" package for cyclists, one for the winner of the Men's/Espoirs' in the 3-lap event and one for the winning woman in the 2-lap Women/Veteran's event.** During their stay, the package will give our winners bed, breakfast, evening meal and post-ride afternoon buffet along with the assistance of a guide to show them the best local routes (with the hotel's other guests of course). The prizes don't include air fares but many UK airports have budget routes to destinations in north eastern Italy which allow easy transfers to the hotel by bus, train or taxi. Bike hire is available at the hotel.

The Hotel Milano Helvetia is, in addition, offering a 10% reduction on the cost of their stay (excluding extras like bike hire and bar bills, of course) to **all entrants** to this event.

Additional prizes are being kindly provided by Sett Valley Cycles, sponsor of Buxton Cycling Club, including an Easter prize awarded to the rider who finishes closest to a specified (secret) time.

Sponsors:

The Buxton CC Mountain Time Trial has again been sponsored by Hotel Milano Helvetia, Riccione in Italy (www.hotelmilano.net), one of the area's famous "Bike Hotels".



The hotel has generously provided prizes of 2 five day stays at the hotel on their "Plus" package for cyclists, one for the winner of the Men's/Espoirs' in the 3-lap event and one for the winning woman in the 2-lap Women/Veterans event. The Hotel Milano Helvetia has, in addition, offered a 10% reduction on the cost of their stay (excluding extras like bike hire and bar bills, of course) to ALL ENTRANTS to the event.



Additional prizes are being kindly provided by Sett Valley Cycles, sponsor of Buxton Cycling Club, supporting us in many ways. Sett Valley Cycles is a traditional bike shop with a professional workshop. It is situated in the heart of New Mills on the edge of the Peak District. See: <http://www.settvalleycycles.co.uk/>

Thank you too, to St Bartholomew's primary school, Longnor, for use of their facilities.

Finally, thank you to the timekeepers & assistants, helpers at the HQ and for refreshments, for course signage, and all the marshals (members and friends of Buxton CC), representatives of CTT, and of course all the riders – have a safe and fast ride!



Merlin Cycles Classic Series - round 2 of 6 - Buxton CC

Number	Start Time	Name	Club / Team			
		Men				
1	10:01:00	David Fellows	Solihull CC		Senior	30
2	10:02:00	Will Lowden	HUUB WattShop		Senior	19
3	10:03:00	Alex Hodgkinson	Ilkeston Cycle Club		Senior	35
4	10:04:00	Adrian Brammer	Clapham Chasers		Senior	35
5	10:05:00	Andy Nichols	Team Lifting Gear Products		Senior	33
6	10:06:00	James Lowden	HUUB WattShop		Senior	36
7	10:07:00	David Parkin	Velotik Racing Team		Senior	36
8	10:08:00	James Brayford	Congleton CC - MyWindsock		Senior	25
9	10:09:00	Sam Shepherd	Total Tri Training		Senior	37
10	10:10:00	John Archibald	HUUB WattShop		Senior	32
		Women & Veterans				Target
11	10:11:00	Gwyneth Parry	Stolen Goat Race Team	W	Espoir	
12	10:12:00	Melissa Denman	Velo Bavarian	W	Senior	
13	10:13:00	Jessica Denman	Ilkeston Cycle Club	W	Senior	
14	10:14:00	Kelly Murphy	AWOL O'Shea Worx	W	Senior	
15	10:15:00	Simon Dighton	Beacon Roads CC		Veteran	01:03:13
16	10:16:00	Peter Greenwood	Clayton Velo		Veteran	01:09:01
17	10:17:00	Alan Chell	Crewe Clarion Wheelers		Veteran	00:59:11
18	10:18:00	John Swinnerton	Crewe Clarion Wheelers		Veteran	00:57:28
19	10:19:00	Simon Hodgkinson	Lyme Racing Club		Veteran	00:55:00
20	10:20:00	Nicholas Latimer	Team Lifting Gear Products		Veteran	00:55:24
21	10:21:00	Karl Moseley	Droitwich Cycling Club		Veteran	01:03:13
22	10:22:00	Christopher Riley	Paramount CRT		Veteran	01:00:56
23	10:23:00	Steven Lyons	Team Wheelguru		Veteran	01:02:17
24	10:24:00	Andrew Moss	Crewe Clarion Wheelers		Veteran	01:00:30
25	10:25:00	Mark Sanders	Mid Devon CC		Veteran	01:05:05
26	10:26:00	Richard Sharp	ADDFORM Vive Le Velo		Veteran	00:55:00
		Paracyclists				Factor
27	10:27:00	Daffs Schrager	Para-T	W	C3	1.348
28	10:28:00	Morgan Newberry	Loughborough Lightning / TRG	W	C5	1.190
29	10:29:00	Graeme Church	QN Racing		C1	1.237



30	10:30:00	Fin Graham	Para-T		C3	1.149
31	10:31:00	David Murphy	Liverpool Mercury CC		C5	1.058
32	10:32:00	Rik Waddon Ply	Para-T		C2	1.171
33	10:33:00	Mark Valentine	Poole Wheelers Cycling Club		C5	1.058
34	10:34:00	Jaco Van Gass	Para-T		C3	1.149
35	10:35:00	Ben Hetherington	Ferryhill Whs		C3	1.149
36	10:36:00	Ben Watson	Para-T		C3	1.149
		Juniors				
37	10:37:00	Joseph Throp	Matlock CC		Juvenile	12
38	10:38:00	Abbey Thompson	Stonham Barns Park – SYRT	W	Juvenile	14
		Road Bikes				
39	10:39:00	Sophie Heighton	Ferryhill Whs	W	Junior	16
40	10:40:00	Jamie Bretton	Stonham Barns Park – SYRT		Junior	17
41	10:41:00	Jacob Bradbury	Manchester Wheelers		Junior	16
42	10:42:00	Jack Sutton	Stonham Barns Park – SYRT		Junior	16
43	10:43:00	Daniel Jones	Lyme Racing Club		Junior	16
44	10:44:00	Asa MacGuire Smith	ABC Centreville		Junior	18
45	10:45:00	Tracy Gregory	Buxton CC/Sett Valley Cycles	W	Veteran	57
46	10:46:00	Hayley Moore	Ilkeston Cycle Club	W	Veteran	40
47	10:47:00	Alison Stephenson	Congleton CC - MyWindsock	W	Veteran	53
48	10:48:00	Rachel Singleton	Belper BC	W	Veteran	44
49	10:49:00	Carolyn Hume	Cheshire Maverick Cycle Club	W	Veteran	53
50	10:50:00	Lucy Rogers	Congleton CC - MyWindsock	W	Veteran	54
51	10:51:00	Elizabeth Batt	Buxton CC/Sett Valley Cycles	W	Veteran	58
52	10:52:00	Yasmine Cooper	Macclesfield Wheelers	W	Senior	26
53	10:53:00	Trevor Mayne	Birdwell Wheelers		Veteran	59
54	10:54:00	Derek Schofield	Rosendale RC		Veteran	69
55	10:55:00	Karl Norris	360VRT		Veteran	52
56	10:56:00	Marcus Fielden	Macclesfield Wheelers		Veteran	46
57	10:57:00	Kevin White	Matlock CC		Veteran	54
58	10:58:00	Howard Heighton	Ferryhill Whs		Veteran	49
59	10:59:00	Andrew Gibson	...a3crg		Veteran	41
60	11:00:00	Mark Lovatt	Congleton CC - MyWindsock		Veteran	51
61	11:01:00	Martin Wiggan	Seamons CC		Veteran	50
62	11:02:00	Bartosz Lukasik	Macclesfield Wheelers		Veteran	41
63	11:03:00	Rob Wild	Velo Club Long Eaton		Veteran	40
64	11:04:00	Michael Clark	Team Wheelguru		Veteran	53
65	11:05:00	Ed Moss	Beacon Roads CC		Veteran	52



66	11:06:00	Matt Lawton	Macclesfield Wheelers	Veteran	42
67	11:07:00	Jimmy Froggatt	SKCC	Veteran	54
68	11:08:00	David Singleton	Velo Bavarian	Veteran	43
69	11:09:00	Fred Wardle	Macclesfield Wheelers	Veteran	68
70	11:10:00	Keith Dorling	Team Bottrill	Veteran	64
71	11:11:00	Tony Cope	Leek CC - Den Engel Belgian Bar	Veteran	50
72	11:12:00	Steve Smales	Bioracer UK RT	Veteran	53
73	11:13:00	David Shirley	Glossop Kinder Velo Cycling Club	Veteran	52
74	11:14:00	John Keen	Weaver Valley CC	Veteran	58
75	11:15:00	Richard Golding	Equipe Velo	Veteran	54
76	11:16:00	James Russell	Macclesfield Wheelers	Veteran	61
77	11:17:00	Ian Haddock	Warrington Road Club/Horton Light Engineering	Veteran	44
78	11:18:00	Thijs Geurts	Macclesfield Wheelers	Veteran	48
79	11:19:00	Casper Raynard	University of Leeds Cycling Club	Espoir	20
80	11:20:00	Ewan Mackie	Ilkeston Cycle Club	Espoir	20
81	11:21:00	Joe Thorp	HUUB WattShop	Espoir	19
82	11:22:00	Isaac Russell	Team PB Performance	Espoir	21
83	11:23:00	Robert McGregor	Paramount CRT	Senior	34
84	11:24:00	Jonah Beadle	Chorlton Velo	Senior	24
85	11:25:00	Adam Millington	Derby Mercury R C	Senior	24
86	11:26:00	Paul Armstrong	Team Lifting Gear Products	Senior	37
87	11:27:00	Christopher Baines	Buxton CC/Sett Valley Cycles	Senior	30
88	11:28:00	Tom Andrews	Team Lifting Gear Products	Senior	32
89	11:29:00	Andrew Magnier	Leek CC - Den Engel Belgian Bar	Senior	34
90	11:30:00	Adam Kenway	Team Brother UK	Senior	35
91	11:31:00	Michael Burke	VéloElite RC	Senior	34
92	11:32:00	Lior Saad	Manchester Bicycle Club	Senior	24
93	11:33:00	Liam Baister	Rapha Cycling Club	Senior	31
94	11:34:00	Chris Ward	Leicestershire RC	Senior	29
95	11:35:00	Chris Booth	Giant-Kendal-Sidas.uk	Senior	34
96	11:36:00	David McCann	Beacon Roads CC	Senior	38
97	11:37:00	Josh Thorpe	Buxton CC/Sett Valley Cycles	Senior	32
98	11:38:00	Ashley Wilcox	Congleton CC - MyWindsock	Senior	35
99	11:39:00	Shaun Hughes	Macclesfield Wheelers	Senior	32
100	11:40:00	Ben Norbury	Congleton CC - MyWindsock	Senior	39
101	11:41:00	James McKay	Cycling Sheffield	Senior	26
102	11:42:00	Callum Stewart	East London Velo	Senior	38
103	11:43:00	Luke Hall	Team Wheelguru	Senior	35
104	11:44:00	Thomas Bowers	Macclesfield Wheelers	Senior	24
105	11:45:00	Mohammad Aljaber	Cheshire Maverick Cycle Club	Senior	33



106	11:46:00	Matt Wright	Royal Air Force Cycling Association		Senior	32
107	11:47:00	Jonathan Fowles	Tactic Sport UK Race Team		Senior	31
108	11:48:00	Will Mallard	Buxton CC/Sett Valley Cycles		Senior	37
109	11:49:00	Xander Crawshaw	Cycle Sport Pendle		Senior	38
110	11:50:00	Jude Taylor	Team PB Performance		Senior	28
111	11:51:00	James Foggensteiner	Manchester Bicycle Club		Senior	23
		Tandem				
112	11:52:00	Jenny Holl	Stirling Bike Club	W	Senior	23
112	11:52:00	Sophie Unwin	Stirling Bike Club	W	Senior	28



CASH PRIZES FOR EACH EVENT

The awards below are for the following categories, Men, Women, Veteran (Scratch), Veteran (Target), Junior, Paracyclist, Road Bike (Men), Road Bike (Women) & Road Bike (Junior).

1st - £20 Cycling Time Trials Cheque

2nd - £15 Cycling Time Trials Cheque

3rd - £10 Cycling Time Trials Cheque

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NOTES TO COMPETITORS

ROAD BIKE CRITERIA

- the road bike can possess drop or straight handlebars; no tri-bars, clip-on bars or Spinacci bars are allowed
- no disc wheels; both front & rear wheels must have at least 12 spokes each
- the maximum rim depth allowed is 90mm.

NUMBERS: CHAMPIONSHIP CONDITION 2(j)

Competitors must only use the numbers supplied by the event organiser. Body numbers should be fitted in accordance with Regulation 16. Arm numbers should be fitted to the upper arms facing forwards.

This event is under 100km. Riders should not be preceded, accompanied, followed by or in anyway receive assistance from a motorised vehicle.

REGULATION 14(j)

(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

REGULATION 14(k)

(k) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

REGULATION 15:

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

REGULATION 17: SIGNING-ON SHEET AND SIGNING-OUT SHEET

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s) and (ii) sign the official Signing-out Sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

N.B. Extenuating circumstances may be considered.

THIS EVENT MAY BE SUBJECT TO A DOPING CONTROL

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.



Kimroy Photography
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Cycling Time Trials